

Did You Know?

An estimated 3.5 billion people suffer from parasites globally.
Many people are unaware of this common health issue.

How do you get Parasites?

- ~ Contact with an infected animal.
- ~ Contact with an infected person (Skin-to-Skin)
- ~ Swimming pools
- ~ Fruits and vegetables grown in contaminated soil and then not cleaned properly
- ~ Certain raw or uncooked foods such as pork and fish

Symptoms of Intestinal Parasites: What to expect when doing a

- ~ Abdominal pain
- ~ Diarrhea, Nausea, Vomiting
- ~ Gas or Bloating
- ~ Dysentery (loose stools containing blood or mucous)
- ~ Rash/Itching around the rectum or vulva
- ~ Stomach pain or tenderness
- ~ Feeling tired
- ~ Weight loss
- ~ Passing a worm in your stool

Parasite Detox:

When getting rid of parasites, some toxins are released into your body which triggers an inflammatory response. This is a sign that your immune system is responding to get rid of those toxins called "Die-Off" Symptoms that may last 3 - 10 days.

Die-Off Symptoms Include:

Headache ~ Fatigue ~ Skin rash
Aches & pains ~ Flu-like symptoms
Food cravings or thirst ~ Acne breakout
Stomach upset ~ Insomnia
Anxiety, Depression, or Moodiness